

Pots

Takeaway | Sit in

Greek Yoghurt 4.00 4.50
with seasonal compote & homemade granola

Overnight Oats 4.50 5.00
soaked in fresh pressed apple juice with Greek
yoghurt, blueberries & caramelised pecan
& toasted coconut crunch

Vegan Chia Pot 4.00 4.50
Peanut and seasonal fruit puree
chia pudding topped with homemade granola



Hot Pressed Rye Sandwiches (Brøds)

Smoked Chicken, Chorizo,
Irish Cheddar & Chipotle Mayo 7.50 8.25

Hot Smoked Salmon, Cream Cheese,
Spinach, Tomato & a Lime Avocado Mash 7.50 8.25

Vegan Chickpea & Sweet Corn Mayo
with Dressed Seasonal Greens 7.50 8.25



Trio of Salads 7.00 7.50

Soup 4.50 5.00

Stew 5.50 6.00

Add Rye Bread 0.75 1.00

Food Allergen Information

We handle all allergens in our kitchen and cannot guarantee our products are allergen free.
Ask a member of the team if you need more information about allergens when ordering.

Drinks

Espresso/Macchiato	3.00
Long Black	3.10
Flat White	3.20
Cappuccino	3.30
Latte/Chai Latte	3.40
Equador 70% Dark Chocolate	3.60
Ivory Coast White Hot Chocolate	3.60
Vanilla/Hazelnut Steamer	2.60
Iced Long Black	3.10
Iced Latte	3.40
Mocha	3.50

...

Add

	6oz	8oz	12oz	Extra Shot	0.60
Oat Milk	0.40	0.50	0.60	Syrup	0.30
Soy Milk	0.60	0.70	0.90		

...

Tea 2.50

Belfast Brew	Green Tea Ginseng
Earl Grey	Goji Berry & Pomegranate
Peppermint	White Tea with Elderflower

...

Cold Drinks

	Takeaway	Sit In
AMG	4.00	4.50
Freshly pressed apple, mint & ginger		
Docs Away	4.00	4.50
Freshly pressed carrots, apple & ginger		
Still/Sparkling Water/Fizzy Pop	2.00	2.50